

Drop-In Gymnasium Schedule

Sept 5 –Jan 2 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Roaming Rascals 9:15-11:45am 1-5 yrs	Badminton 9:30-11:30am 13 + yrs	Roaming Rascals 9:15-11:45am 1-5 yrs	Badminton 9:30-11am 13 + yrs as of Oct. 28th 11:30am end	Roaming Rascals 9:15-11:45am 1-5 yrs	Roaming Rascals 9:15-11:45am 1-5 yrs	Family Open Gym 2:30-4pm Adult + Child
Pickleball 1:00-3:00pm All Ages		Pickleball 1:00-3:00pm All Ages		Pickleball 1:00-3:00pm All Ages		
Open Gym 3:30-6:15pm All Ages	Adapted Open Gym 11:45am-1:45pm 18+ yrs	Open Gym 3:30-7:15pm All Ages Dec 15, 22, 29 ONLY	Open Gym 3:30-6pm All ages As of Oct. 28 th 1:15pm start time	Open Gym 3:30-6pm All Ages	Open Gym 5:15-7:30pm All Ages	Pickleball 4:30-6:00pm All Ages
Basektball 7-9:15pm 16+ yrs		Pickleball 8:30-10:00pm 13+yrs			Basketball 7:45-9:45am 13+ yrs	Badminton 6:45-8:45pm 13+ yrs

Unless stated otherwise, regular *drop-in admission rates* apply.

* Unsupervised drop-in program

Notes:

- Unsupervised Drop-In Programs – Gym equipment **will not be provided**
- Open Gym – A variety of equipment will be provided on a first come first serve basis
- Evening drop-in programs – Wristbands will be sold 30 minutes prior to start time
- No spectators allowed

Schedule subject to change without notice.

All fitness classes held at South Delta Recreation Centre can be found under Winskill's "Facility Schedule".

May I see some ID, Please? It is necessary to show your Facility Card each time you use the facility if you are over 7 years of age and want to access drop-in programs. The card will help us remember your name and keep our facility safe. The cards are issued at our Customer Service Offices.

For online registration and info, please go to www.delta.ca.