

## Drop-In Gymnasium Schedule

Sept 6- Jan 2 2022

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Basketball Half Court</b> 6:30-8:30am All Ages	<b>Open Gym</b> 6:30-8:30am All Ages	<b>Open Gym</b> 6:30-8:30am All Ages	<b>Open Gym</b> 6:30-8:30am All Ages	<b>Basketball Half Court</b> 6:30-8:30am All Ages	<b>Open Gym</b> 1-4:30pm All Ages  Nov 6 – Dec 18	<b>Pickleball</b> 9:00-11:00am All Ages <b>CANCELLED Oct 17</b>
<b>Badminton</b> 9:30am-12:00pm 19+yrs				<b>Sport Zone Interactive</b> 10:00am-12:00pm 1-5yrs		<b>Open Gym</b> 11:15am-1:00pm All Ages
<b>Pickleball</b> 12:15-2:45pm 19+ yrs	<b>Fitness: Heart Wise</b> 10:00am-12:30pm	<b>Adapted Floor Hockey</b> 10:00am-1:00pm 19+yrs	<b>Fitness: Heart Wise</b> 10:00am-12:30pm	<b>Pickleball</b> 12:30-2:30pm All Ages		<b>Open Gym</b> 1-5pm All Ages  Jan 1 ONLY
<b>Open Gym</b> 3:00-5:30pm All Ages	<b>Fitness: Osteo For Life</b> 12:30-2:00pm	<b>Open Gym</b> 3:00-5:30pm All Ages	<b>Fitness: Osteo For Life</b> 12:30-2:00pm	<b>Open Gym</b> 3:00-5:15pm All Ages		
<b>Badminton</b> 7:30-9:30pm 16+ yrs	<b>Open Gym</b> 5:15-6:45pm All Ages Sept 7, 14, 21 Dec 21, 28 <sup>th</sup> starts at 3:45	<b>Badminton</b> 7:30-9:30pm All Ages	<b>Open Gym</b> 3:00-5:00pm All Ages	<b>Badminton</b> 6:00-7:30pm All Ages	<b>Pickleball</b> 5:00-6:30pm All Ages	<b>Badminton</b> 7:00-9:00pm 16+yrs
	<b>Pickleball</b> 8:30-9:45pm 19+yrs		<b>Pickleball</b> 5:15-6:30pm All Ages			
			<b>Badminton</b> 8:30-9:45pm 16+yrs			

Unless stated otherwise, regular [drop-in admission rates](#) apply.

\* Unsupervised drop-in program

Notes:

- Unsupervised Drop-In Programs – Gym equipment **will not be provided**
- Open Gym – A variety of equipment will be provided on a first come first serve basis
- Evening drop-in programs – Wristbands will be sold 30 minutes prior to start time
- No spectators allowed

*Schedule subject to change without notice.*